



2023-24
SPIRIT CCP

UIL State Spirit Staff



UIL Director of Athletics Ray Zepeda

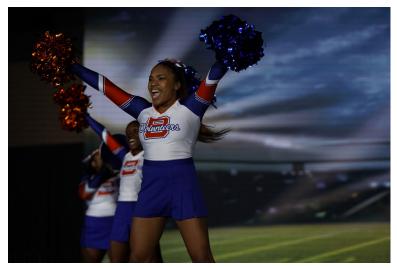


UIL Spirit Director
Grace McDowell



State
Championship
Director
Jamie Graham





SPIRIT AGENDA

- UIL Information
- Spirit Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information

LEAGUE GOVERNANCE

- Legislative Council Rule making body, 32 superintendents, all regions, all conferences represented.
- State Executive Committee (SEC) 12 school administrators appointed by the Commissioner of Education.
- **District Executive Committee (DEC) –** Consists of ONE voting member per school in a given UIL District.
- Waiver Review Board 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.



SPIRIT SPECIFIC INFORMATION



UIL SPIRIT/CHEERLEADING

UIL CONSTITUTION & CONTEST RULES

- Section 1500 Introduction to Spirit Contest & Events
- Section 1501 Spirit Contest Ethics Code
- Section 1502 General Regulations
- Section 1503 Health and Safety

*Review the rules on an annual basis.



UIL ELIGIBILITY: CHEERLEADING

A student is eligible if the student...

- Is a full-time student at the school they will participate with
- Home school students if allowed by the district
- Meets all other requirements of Section 400 of the C&CR
- Meets the academic eligibility standards of state law and UIL rules

UIL CHEERLEADING

- <u>CHEER</u> falls under the <u>SPIRIT</u> tab for UIL what does that mean?
 - It means that cheer/spirit squads have a set of guidelines which are unique to just them.
 - It also means that a few things that apply to students on a team that falls under Athletics Policy, do not apply to cheer/spirit:
 - Parent Residency Rule cheerleaders must be a full-time student at the school they represent and be academically eligible. The location of a cheerleader's residence does not impact their eligibility.
 - PAPF newly enrolled students who make the cheer team
 do not need to complete a Previous Participation Form.

UIL REQUIRED STUDENT PARTICIPATION FORMS

- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form
- Check with your local school district policies regarding additional required documentation for students.

UIL SPIRIT COACHES EDUCATION & TRAINING REQUIREMENTS

- AED & CPR Certification
- UIL Concussion Education Two hours every two years
- UIL Coaches Certification Program UIL Portal
 - Safety training for extracurricular activities
 - Spirit Specific module
- Cheer Specific Safety Course (not through UIL)

CCP must be completed by the first practice or start of school, whichever comes first.



PRACTICE REGULATIONS

- <u>School Week</u> From the first day school is in session for the week until the end of instruction on the last instructional day.
- <u>Calendar Week</u> 12:01 AM Sunday to midnight on Saturday.



PRACTICE REGULATIONS

- Practice When School is in Session (School Year)
 - 8-hours (plus 60-minute athletic period) during school week
 - Unlimited outside the school week
 - <u>School Week</u> From the first day school is in session for the week until the end of instruction on the last instructional day.
 - <u>Calendar Week</u> 12:01 AM Sunday to midnight on Saturday.
- Practice When School is Not in Session (Summer)
 - No rules limiting practice during summer
 - No rules limiting practice during school holidays

CONTEST REGULATIONS

Contests Per Week

- Can cheer at one contest during school week and one after the end of the school week.
 - Example: Can cheer at volleyball on Tuesday and then again at volleyball on Friday or football on Friday.
 - Would not be able to cheer at volleyball on Tuesday and football on Thursday.

ELIGIBILITY: 1ST SIX WEEKS OF SCHOOL YEAR

- Grades nine and below promoted
- Second Year of High School five accumulated credits
- Third Year of High School ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School fifteen accumulated credits or five credits within the last twelve months





- "Can you tell me what the UIL try-out requirements are for cheerleading?"
 - A: None exist. The try-out process is up to the discretion of the local school / district and coach.
- "Does a new student who transferred in need to wait 15 days before they participate?"
 - A: No, cheer does not fall under the transfer rule that athletic teams fall under. As long as a student is enrolled full-time in your school and is academically eligible, they are able to cheer.



"My daughter/son was on varsity as a junior, that means they are entitled to be on varsity as a senior, correct?"

- A: Incorrect. A coach can require students to try-out each year to ensure the varsity team is as good as it can possibly be.
- "My superintendent did not select 'SPIRIT' on the varsity acceptance form in January. Does that mean we cannot participate in the state spirit contest?"
 - A: No. The varsity acceptance form has nothing to do with the State Spirit competition. In order for a team to compete in the state event, they must register using the link that will be on the Spirit State Championship page in September.



- "Does the school's cheerleading coach/sponsor need to be a full-time employee in order to coach and instruct a cheerleading team or spirit squad?
- A: No. The local school district has the discretion over who will be designated to serve as the cheerleading coach or sponsor.
 "Can a school hire a cheer coach and allow them to coach their
- "Can a school hire a cheer coach and allow them to coach their students in the summer or in a non-school program?
 - A: Yes. Cheerleading coaches and sponsors will be allowed to instruct the participants anytime during the school year with local district approval. During the regular academic school year, a school coach is subject to the eight hours of practice limitation per school week.

STATE SPIRIT CONTACTS



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